

REGISTER TODAY!



Saturday Chef

— Community Cooking Classes —



Hands-on cooking classes taught in Helms College culinary labs as a part of Continuing Education. Professional chefs will teach and entertain you and afterward you can enjoy your creations.

HelmsContinuingEducation.com



Helms
College

helms.edu

Call 706-651-9707 or email
saturdaychef@helms.edu

Classes held at Helms College
3145 Washington Rd, Augusta



edgar's
GRILLE

edgarsgrille.com

Saturday Chef 2018 Class Schedule

All classes 10:00 am – 12:30 pm \$75 per person

Jan 27 The Art of Braising

Develop tenderness in tough, lesser-used cuts of meat and produce luxurious sauces to accompany these miraculous culinary transformations!

Feb 24 Mother Sauces

Learn the five classical sauces of French Cuisine, from which all other sauces are derived including Béchamel, Espagnole, Tomato, Hollandaise and Velouté.

Mar 24 Yeasted Breads

Utilize yeast as a leavening agent and flavor profile to create your very own bakeshop at home for Parker House rolls, Challah bread and more!

May 19 Homemade Pasta

Simple ingredients and classic flavors combine to make fresh, hand-rolled Pasta with classic Alfredo and Pesto sauces.

Jun 16 Cajun and Creole Cuisine

Explore the Mississippi Gulf Coast and learn the many culinary influences of the region while making Gumbo, Jambalaya and more.

Jul 21 The Grillmaster

Go beyond burgers while discovering the secrets to proper grilling whether it be steaks, fish or vegetables on the menu.

Aug 18 La Cocina Latina

Uncover the buried treasure of the Caribbean's Latin influences from Cuba, Puerto Rico and beyond.

Sep 15 Southwestern Cuisine

The flavors of the American Southwest come to life in this look at the abundance the desert has to offer.

Oct 20 Seasonal Soups

Get ready for cooler temps and hotter dinners with Autumn-inspired soups.

Nov 10 Holiday Entertaining

How to plan and execute your best holiday dinner at home.

Dec 8 Cookie Swap

Give your cookies an upgrade this year. Learn some new recipes and perfect a few classics.